

MOVEMENT	LESSON	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	REMARKS	
57. Spin The Top																							
58. Centers In																							
59. Cast Off 3/4																							
60. Walk & Dodge																							
61. Slide Thru																							
62. Fold/ <i>Cross Fold</i>																							
63. Dixie Style To An Ocean Wave																							
64. Spin Chain Thru																							
65. Tag The Line (In/Out/Left/Right)																							
66. Half Tag																							
67. Scoot Back																							
68. Single Hinge/Couples Hinge																							
69. Recycle (from Waves Only)																							

SUGGESTIONS FOR USE OF CHECK OFF LIST:

Put an X in the box corresponding to the movement and the night it was introduced.
 Put an X in the box corresponding to the movement and the night it was next called and work shopped.
 Put a / in the boxes when the movement is danced without difficulty and there after to keep track of calling the movement

NOTE: *Movements in italic may be deferred until later in the teaching order.*

*Suggested Teaching Order

CALLERLAB recommends that the BASIC & MAINSTREAM Programs, calls 1-69, be taught in not less than 58 hours. We are currently working on a recommended teach time for just the BASIC program. CALLERLAB also recommends that calls be taught from more than a single position (formation and arrangement) and that styling and timing be included as part of the teaching program. Calls in *italics* may be deferred until later in the teaching sequence.

NOTE TO DANCE PROGRAMMERS

There is NO program called the Mainstream/Plus Program. No dancer is required to know Plus calls to attend a Mainstream open dance. Please advertise dance programs as Basic, Mainstream or Plus, NOT Mainstream/Plus.

This list is furnished through the courtesy of CALLERLAB and your local CALLERLAB callers. Permission is granted to reproduce this data provided the following notice is included “Reprinted with permission of CALLERLAB.”

SUGGESTIONS FOR USE OF CHECK OFF LIST:

Put an X in the box corresponding to the movement and the night it was introduced.

Put an X in the box corresponding to the movement and the night it was next called and work shopped.

Put a / in the boxes when the movement is danced without difficulty and there after to keep track of calling the movement

*Suggested Teaching Order

Callers are reminded to limit their calls to the advertised program. Calls from a list other than advertised should not be used unless they are walked through first. If conducting a **PLUS** workshop, use only **PLUS** calls. If conducting a workshop for **PLUS** Dancers who want more, workshop should be labeled appropriately.

NOTE: The Plus Program is understood to include more creative use of the Mainstream moves from other than standard positions. For this reason, **CALLERLAB** recommends that the Plus Program calls be taught in not less than nineteen sessions of two hours each (total 38 hours).

This list are furnished through the courtesy of CALLERLAB and your local CALLERLAB callers. Permission is granted to reproduce this data provided the following notice is included “Reprinted with permission of CALLERLAB.”

CALLERLAB ADVANCED (A-1) TEACHING LIST

Club _____ Instructor _____
 Start _____ Complete _____ # Students started _____ # Graduated _____

MOVEMENT	LESSON	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	REMARKS	
1. Belles and Beaus																							
2. Cross Trail Thru																							
3. Triple Trade																							
4. Triple Scoot																							
5. Grand Follow Your Neighbor																							
6. Quarter Thru																							
7. Wheel Thru																							
8. Turn and Deal (2-faced lines, lines facing out)																							
9. Pass In																							
10. Chain Reaction (1/4 tag)																							
11. Mix																							
12. Locket																							
13. Right (Left) Roll to a Wave																							
14. Cast a Shadow																							
15. Six-Two Acey-Deucey																							
16. Clover and (Anything)																							
17. Turn and Deal (ocean waves & other Lines)																							
18. Quarter In																							
19. Cross Over Circulate (two faced lines)																							
20. Partner Tag																							
21. Partner Hinge																							
22. Horseshoe Turn																							
23. Pass the Sea																							
24. Split Square Thru																							
25. Step and Slide																							
26. Transfer the Column																							
27. Cross Over Circulate (ocean waves & other lines)																							
28. Swap Around																							

MOVEMENT	LESSON	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	REMARKS	
29.Explode the Line																							
30.As Couples Concept																							
31.Ends Bend																							
32.Pass Out																							
33.Square Chain Thru																							
34.Scoot and Dodge																							
35.Double Star Thru																							
36.Left Wheel Thru																							
37.(Anything) and Cross																							
38.Half Breed Thru																							
39.Fractional Tops																							
40.Three Quarter Thru																							
41.Triple Star Thru																							
42.Cycle and Wheel																							
43.Grand Quarter Thru																							
44.Grand Three Quarter Thru																							
45.Quarter Out																							
46.Explode and (Anything)																							
47.Pair Off																							
48.Reverse Swap Around																							
49.Cross Clover and (Anything)																							

*Suggested Teaching Order

SUGGESTIONS FOR USE OF CHECK OFF LIST:

Put an X in the box corresponding to the movement and the night it was introduced.

Put an X in the box corresponding to the movement and the night it was next called and work shopped.

Put a / in the boxes when the movement is danced without difficulty and there after to keep track of calling the movement

The Preface of the CALLERLAB Advanced Definitions contains important information regarding such rules as Facing Couple Rule; Ocean Wave Rule; Right Shoulder Rule; All Four Couples vs. All Eight; Split vs. Box; How dancers are named; Starting Formations; Glossary of Descriptive Terms; etc. All callers that call the Advanced Program should be thoroughly familiar with the Preface and should be able to explain how these rules are used at the Advanced Program to their dancers.

These list are furnished through the courtesy of CALLERLAB and your local CALLERLAB callers.

LESSON	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	REMARKS	
MOVEMENT																						
29.Split / Box Transfer																						
30.Split Square Chain Thru																						
31.Diamond Chain Thru																						
32.Peel & Trail (from completed DPT)																						
33.Peel & Trail (Columns only)																						
34.Transfer and (Anything)																						
35.All 4 Couples Concept (such as)																						
a. All 4 Couples Star Thru																						
b. Right and Left Thru																						
c. Chase Right																						
36.All 8 Concept (such as)																						
a. All 8 Swing Thru																						
b. Switch the Wave																						
c. Walk and Dodge																						
d. Mix																						

*Suggested Teaching Order

SUGGESTIONS FOR USE OF CHECK OFF LIST:

Put an X in the box corresponding to the movement and the night it was introduced.

Put an X in the box corresponding to the movement and the night it was next called and work shopped.

Put a / in the boxes when the movement is danced without difficulty and there after to keep track of calling the movement.

The Preface of the CALLERLAB Advanced Definitions contains important information regarding such rules as Facing Couple Rule; Ocean Wave Rule; Right Shoulder Rule; All Four Couples vs. All Eight; Split vs. Box; How dancers are named; Starting Formations; Glossary of Descriptive Terms; etc. All callers that call the Advanced Program should be thoroughly familiar with the Preface and should be able to explain how these rules are used at the Advanced Program to their dancers.

These list are furnished through the courtesy of CALLERLAB and your local CALLERLAB callers.